

AURORA ANGUILLA



# Rejuvenation At Your Fingertips

Emerge anew. Sorana Spa offers treatments that refresh and revitalize, using natural elements from the island paired with refined technique. Here, health and wellness are celebrated beyond the walls of Sorana Spa to create a true holistic bliss.







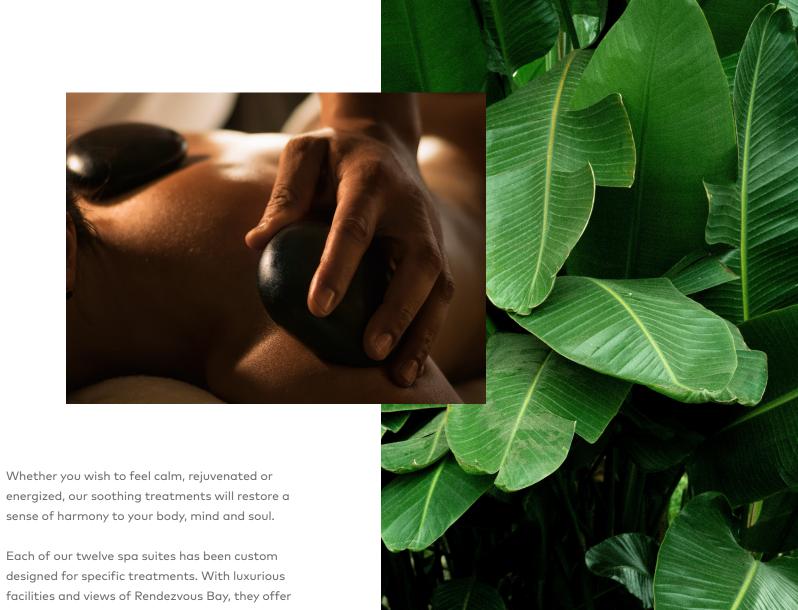
Innovative and restorative treatments inspired by Anguilla's natural splendor



Each of our twelve spa suites has been custom

facilities and views of Rendezvous Bay, they offer

the ultimate spa environment.





SPA SERVICES

### Facial

### 24K Gold Age-Defying Facial

Combining collagen and elastin boosting actives, this indulgent, age-defying facial features potent ingredients like mogra, Queen of Jasmines, and 24k gold that penetrate the dermal layers of the skin, renewing and regenerating skin cells for long-lasting results. Oxygen is infused into the skin on a cellular level to create a lustrous glow while reducing fine lines and wrinkles. This treatment also addresses emotional needs such as stress, anxiety, hormonal imbalances, and sleep issues like insomnia to create inner bliss that radiates.

### Gentle Tide Facial

For the skin purist. Organic algae, essential oil-free phytonutrients, and pure botanical oils restore important vitamins and minerals directly into your skin. Fragrance-free formulations nourish, clarify, and replenish to uncover an impeccable complexion.

### The Custom Facial

ndulge in a personalized skin ritual that exfoliates, hydrates, tightens, and protects to provide an instant lifting effect. A potent combination of active ingredients and a specialized sequence of massage techniques nstantly transforms the skin.

### Soothe and Enrich Advanced AntiOxidar Facial

sensitive, or damaged skin, this calming facial uses a vitamin-rich serum to deeply hydrate and potent antioxidants to fight free radicals to reduce redness, inflammation, and protect the skin from the visible signs of aging. The facial Marma massage uses gentle pressure across the Marma points to deliver an active serum that increases collagen and hydluronic acic production, before a botanical hydration mask locks moisture into the skin. You'll leave this restorative treatment with smooth, luminous skin that is vitaminenriched and deeply hydrated.

### Vitamin Sea Radiance Facia

When sun damage has taken its toll, or yo simply want to brighten your complexion naturally, this restorative facial delivers a radiant all-over glow. Gentle resurfacing whisks away dry, damaged skin, and a customized mask targets dark spots and speeds up healthy skin regeneration to restore skin to its natural splendor.

### The Lift Facial

Our ultimate, age-defying facial therapy ombining transformative clinical grade roducts, Remodeling Face Machine echnology, and sculpting massage echniques which dramatically tone, tighten nd reshape the facial contours. An ideal election for those seeking intensive skin egeneration and a non-surgical lifting result.

### The Custom Facia with Remodeling

Enhance your Custom Facial with the toning, tightening, and resculpting benefits of Biologique Recherche's renowned Remodeling Face Machine. Sculpting massage techniques and bioelectrotherapy combine to dramatically reshape facial contours and rejuvenate the skin. The Remodeling Face Machine uses four different currents to create immediate and long-lasting results. Wider looking eyes, more pronounced cheekbones less visible wrinkles, and a sculpted visage are just some of the exceptional results of this powerful treatment. Electroporation makes the epidermis more permeable so active ingredients can penetrate skin cells for maximum results. A high-frequency current revitalizes the epidermis while a low to mid-frequency current tones and reshapes. Galvanic current helps active ingredients in serums and products absort deeper into the skin.



## Massage

### Relaxation Massage

This soothing massage uses light to moderate pressure with a blend of soothing essential oils for unrivaled serenity that will leave you feeling relaxed and revived.

### Advanced Holistic Massage

Experience true relaxation with long, flowing movements and therapeutic techniques at various pressure levels that relieve all stress-related tension. Marma therapy and chakra balancing align for powerful healing of vital energy centers. Enriching and effective oil blends carry active ingredients with potent benefits to enhance overall wellbeing. This 90-minute massage includes a Signature Subtle Energies Marma Facial Massage with aromatic actives that balance the emotions, release stress, and reduce anxiety.

### Beach Stone Massage

Melt away stress and tension with this therapeutic massage that uses warm Atlantic stones and light to moderate pressure to gently soothe tired, aching muscles while increasing circulation.

### Reflexology

This ancient healing art focuses on areas of the feet that correlate to specific organs and integral body systems. As pressure is applied to the appropriate points on the feet, tension and fatigue release, restoring the body's natural balance.

### Deep Tissue

This Deep Tissue Massage uses firm and soothing techniques to loosen muscle stiffness and alleviate pain, cramps, old injuries, and stress-related tension for relief that's truly transformational.

### Prenatal Massage

Designed for expectant mothers past their first trimester, our Prenatal Massage relieves the common discomforts of pregnancy such as backaches, stiff neck, leg cramps, headaches, and edema (or swelling). Nurture and nourish when you need it most with this gentle, restorative, and entirely personalized experience.

### Specialty Massage

Our therapists at Sorana Spa are certified in a variety of specialty massages. Please contact our team for details on these advanced treatments.

## Body

### Rasayana Detox Body Buff

This full-body scrub is ideal for jet lag to increase circulation and reduce fluid retention, leaving you feeling refreshed and hydrated. A rejuvenating exfoliation using walnut shells buffs away dead skin cells to reduce the signs of cellulite while uplifting aromatics of Tulasi, wild turmeric, and limbu awakens tired skin. Personalized hydration remedies complete this detoxifying and invigorating treatment for silky, soft skin head to toe.

### Rasayana Detox Body Wrap

Revitalize, tone, and purify with this active body therapy. Treatment begins with a natural exfoliation using essential oils, cinnamon powder, and walnut shells.

Sink into bliss as an exquisite mineralrich clay infused with powerful herbs like spiked ginger lily, spirulina, and green tea envelop your body for the ultimate detox. The Rasayana Detox Body Wrap finishes with your choice of aromatic infused body butters, lotions, or blends for all-over hydration.

### Sun Salutation

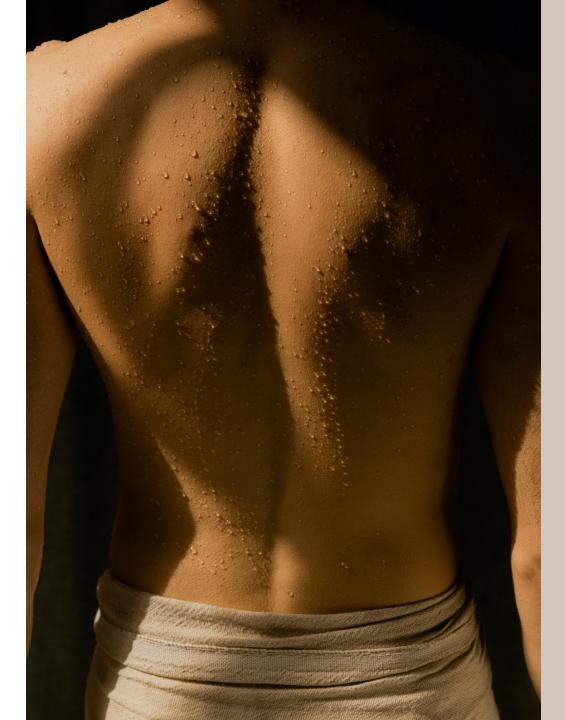
Give sunburned skin a full-body refresh with a hydrating scalp, face, and body mask. Mineral-rich organic sea algae, cooling aloe vera gel, and antioxidant green tea extracts combine to reduce redness and irritation while soothing and cooling sun-damaged skin. Treat your face to cool compresses soaked in sea minerals and a fresh Gigartina algae gel mask to rejuvenate skin and reduce inflammation for an illustrious, natural glow.

### Recharge and Renew Restorative Body Lift

Our signature body ritual combines a series of exfoliating treatments with a personalized massage to detoxify the body and combat fatigued muscles. Achieve your unique skin goals with a bespoke regime that includes an application of clinical-grade serums and creams to leave your skin feeling impeccably hydrated and restored.

### Earth and Sea Scrub

This invigorating full-body scrub features organic algae and sea salts harvested from around the world to exfoliate and soften your skin. Coconut oil with its calming and anti-aging properties leaves you feeling relaxed, refreshed, and renewed.



### Ocean Skin Brightening Ritua

For glowing skin from head to toe, indulge in this brightening body scrub using the regenerative properties of passion fruit, hemp seed oil, and açai. Cocoon in a sea algae and clay remineralizing body mask to reduce dullness and illuminate the skin. A brightening Vitamin C Probiotic Facial Polish and White Tea and Resveratrol Face Mask smooth and brighten your complexic Mineral Peptides and Hyaluronic Acid lock hydration, soften the look of fine lines and wrinkles and leave skin plump and smooth for an impeccable complexion.

## Journeys

### Subtle Energies Sleep Support Therapy

Subtle Energies Sleep Support Therapy is a program based on clinical research and ancient practices to assist with sleep concerns and insomnia. The tailored treatment begins with a guided meditatic and yogic pranayamas that impact the vital energy within. The Full Body Marma massage releases tension and brings the body's rhythm into balance while the Facial Marma Massage uses potent activing redients to stimulate the pineal gland. The Nasya (nasal oil application), which has been used to address sleep concerns for centuries, completes this therapy. This holistic sleep support results in emotional and hormonal balance, connecting you to your body and inner bliss.



### Indulgent Beauty

Immerse yourself in a full-body exfoliation and indulgent double cream application or aromatic blends to nourish the whole body. This treatment finishes with a customized anti-aging facial where collagen-boosting actives and stress-reducing techniques unwind your mind and replenish the skin.

### Empowering Me, A Woman's Journey

A complete treatment journey that celebrates your inner and outer beauty while addressing emotional and hormonal balances. Begin with a gentle meditation followed by a full-body massage that uses a fusion of therapeutic techniques and ancient active oils to increase your vital energy. Complete your journey with a facial tailored to bring harmony and nourishment to your skin using potent actives such as mogra, saffron, and Indian rose. Feel empowered and rejuvenated with this immersive journey for total mind and body serenity.

### A Gentlemans Day

For the active man or the constant traveler, this customized treatment journey balances and restores one's self, boosting immunity, improving muscle strength, and restoring healthy skin. Invigorate and renew the body with an energizing body polish then be transported to a place of deep relaxation with a full-body detox massage to reduce adrenal fatigue. Feel your tension melt away as skin is cleansed and balanced with a Gentleman's Essential Hydration Facial to complete this wellness journey.

### Detox and Adrenal Boost Journey

This comprehensive purification process uses active ingredients like Tulasi, wild turmeric, and Indian lime to purify the blood, stimulate the cells and lymphatics while relieving adrenal fatigue. This immersive journey begins with a full exfoliation, followed by a toning detox wrap, then concludes with a Subtle Energies Signature Massage that releases tension, promotes lymphatic drainage, and works the Marmas.

### Renew & Revive

This energizing journey starts with a mineral-rich aromatic foot soak followed by a full-body exfoliation using your choice of the Himalayan salt scrub (which invigorates the body and reduces the appearance of cellulite) or the Rasayana Detox Body Scrub (which drains toxins, detoxifies, and leaves skin with a renewed radiance). A Facial Marma Massage awakens the skin's natural anti-aging abilities while the results-driven Blissful Marma Massage works to drain the lymphatics, release muscle tension, and stimulates the body to promote better sleep.



### Nails

### Deep Sea Pedicure

This luxurious pedicure includes a mineralrich foot soak, seaweed scrub, organic cuticle care, hot stones, and reflexology foot massage. Opt for a polish of your choice to complete your service.

### Deep Sea Manicure

This unique manicure begins with a nourishing seaweed soak followed by a brightening hand mask to lighten hyperpigmentation.
This treatment also includes organic cuticle care and a hand and arm massage for peak relaxation. Opt for a polish of your choice to complete your service.

### Energizing Pedicure

Energize and invigorate feet and legs with a stimulating caffeine and mint deep tissue massage followed by an aromatic exfoliation and soothing mineral soak. Opt for a polish of your choice to complete your service.

### Ocean Mineral Manicure

This manicure for tired, travel-worn skin leaves your hands looking and feeling renewed. Opt for a polish of your choice to complete your service.



# SORANA SPA

FACIALS	MASSAGE	BODY
24K Gold Age-Defying Facial 60min - \$180 90min - \$215	Relaxation Massage 60min - \$180 90min - \$270	Rasayana Detox Body Buff
Gentle Tide Facial 60min - \$165	Advanced Holistic Massage 60min - \$195 90min - \$290	Rasayana Detox Body Wrap 75min - \$210
The Custom Facial  60min - \$275 90min - \$395	Beach Stone Massage 60min - \$190 90min - \$285	Sun Salutation 90min - \$240
The Custom Facial with Remodeling 90min - \$445	Reflexology 30min - \$95 60min - \$170  Deep Tissue	Recharge and Renew Restorative Body Lift 60min - \$325
Soothe and Enrich Advanced AntiOxidant Facial 60min - \$175 90min - \$205	60min - \$190 90min - \$285  Prenatal Massage 60min - \$180 90min - \$270	Earth and Sea Scrub  60min - \$170  Ocean Skin Brightening Ritual
Vitamin Sea Radiance Facial		90min - \$250

The Lift Facial

120min - \$695

JOURNEYS	HAIR SERVICES	NAILS
Subtle Energies Sleep Support Therapy 2.25hrs - \$360	Ladies Cut	Deep Sea Pedicure 90min - \$105
Indulgent Beauty	Gentlemen's Cut 30min - \$50	Deep Sea Manicure 60min - \$70
Empowering Me,	Blowout 60min - \$70	Energizing Pedicure 50min - \$75
A Woman's Journey 2.5hrs - \$375	Updo/Event Style	Ocean Mineral Manicure
A Gentlemans Day 2.5hrs - \$375	Bridal Hair Trial	
Detox and Adrenal Boost Journey 2hrs - \$345	Bridal Hair Day Of Ceremony 90min - \$150	
Renew & Revive	Ladies Color 90min - STARTING AT \$140	
	Hightlights 90min - STARTING AT \$150	
	Gentlemen's Color 60min - STARTING AT \$80	
	Children's Cut 30min - \$35	

Hot Stone Enha
\$25
Warm Bamboo
\$25
Back Scrub

\$25

\$25

\$25

**ENHACEMENTS** 

ancement Enhancement

\$60 Knesko Face/neck/chest \$85

\$20

Scalp Treatment

Paraffin Hands

Paraffin Feet

\$25

Knesko Eye Mask \$30

Knesko Face Mask

\$15

Gel Polish for Mani or Pedi

French Polish for Mani or Pedi

\$30

Full Face \$60

WAXING

Eyebrow \$30

Lip \$30

Chin

Custom Bikini STARTING AT \$60

Back or Chest \$50

### Spa Policies

#### Minimum Age:

Guests of the Sorana Spa must be at least 18 years of age to experience a massage, body treatment or enjoy the spa amenities. Guests of all ages may receive Nail and Hair Salon services but will not have access to the Spa areas. Guests between the ages of 16 and 17 can receive facial services with a parent or legal guardian present.

### Scheduling an appointment:

To schedule an appointment for an experience at Sorana Spa, please call 264-222-3820. The Sorana Spa Concierge will be able to assist you in selecting for your experience, as well as guide you through the benefits for each treatment. Please inform the Spa Concierge if you have a preference for a male or female provider during this time. A 10% service charge will be added for each spa service you receive and dispersed to the resort staff. Gratuities may be offered at your discretion. We encourage you to reserve treatments at least one week in advance.

### Spa Etiquette:

To ensure all guests, enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Sorana Spa requests that mobile phones be turned off while inside the spa and salon. We suggest that you arrive 30 minutes prior to your scheduled experience to allow time to enjoy the co-ed relaxation lounge and spa facilities. Arriving late will simply limit the time for your treatment, as your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied, regardless of late arrival.

#### Health Conditions:

When reserving your experience, please provide the Spa Concierge with complete and accurate health information. Please notify the Spa Concierge if you have high blood pressure, allergies, physical ailments, disabilities, or recent injuries that require special assistance. Upon arrival to your appointment, we will have you complete a brief intake form.

#### Pregnancy:

Please inform the Spa Concierge during the reservation process if you are pregnant. While a few services should be avoided during pregnancy, there are several treatments that can still be enjoyed during this time. Please note that pregnancy massage is only available during the second or third trimester.

#### Cancellation:

As a courtesy to all guests and providers we strictly adhere to the cancellation policy. A credit card is required to secure all guest experiences. If you must cancel or move your reservation, please notify us twenty-four (24) hours before your scheduled start time to avoid being charged 100% of the service fee. Cancellations of groups of more than three (3), packages of two or more services, or small private parties require 72-hour notice time to avoid being charge the full-service fee. Cancellations of groups of five (5) or more require 2-week notice time to avoid being charged the full-service fee.

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